

RICHMOND COMPULSIVE BUYING SCALE

Please choose the response that best describes you.

	Strongly Disagree						Strongly Agree
	1	2	3	4	5	6	7
1. My closet has unopened shopping bags in it.	_____	_____	_____	_____	_____	_____	_____
2. Others might consider me a shopaholic.	_____	_____	_____	_____	_____	_____	_____
3. Much of my life centers around buying things.	_____	_____	_____	_____	_____	_____	_____
4. I consider myself an impulse purchaser.	_____	_____	_____	_____	_____	_____	_____
	Never						Very Often
	1	2	3	4	5	6	7
5. I buy things I don't need.	_____	_____	_____	_____	_____	_____	_____
6. I buy things I did not plan to buy.	_____	_____	_____	_____	_____	_____	_____

Note 1: From: "An Expanded Conceptualization and a New Measure of Compulsive Buying," by Nancy M. Ridgway, Monika Kukar-Kinney and Kent B. Monroe, Dec. 2008, *Journal of Consumer Research*.

Note 2: Scoring 25 or higher is considered compulsive buying.